

Health Advocate offers a variety of online resources to help you reach your best possible health and well-being. Here's how to get started.

### New users

Registering for Health Advocate's member website and mobile app is the first step to accessing your resources. It's easy and will only take a minute or two.

There are two ways you can register:

#### Website

- Go to HealthAdvocate.com/grsm
- Select "Register now"
- Register by creating your username and password
- Log in The registration code is not needed

### Mobile app

 Download the Health Advocate mobile app from the Apple App Store or Google Play

- Select "Register now"
- Enter code: HJ4CTAJ
- · Register by creating an account
- Log in

# **Existing users**

There are two ways you can access Health Advocate's online resources:

### Website

- Go to HealthAdvocate.com/grsm
- Enter your username and password to log in The registration code is not needed

## Mobile app

- Launch the Health Advocate mobile app
- Enter your username and password to log in The registration code is not needed

## Caring for you in all ways. Always.

Health Advocate is here to help you and your family improve your health and well-being. We're here 24/7, and we can help you in over 250 languages. Contact us today for confidential, personalized support.



**1** 877.240.6863

answers@HealthAdvocate.com 

Registration code: HJ4CTAJ

Call • Email • Message • Live Chat

